



PRIDE of the NORTH

NEWSLETTER for 105N District

Issue 2 - February 2024

Celebrating success!



Find out which members have been recognised for their stunning commitment to our Club.

Also, inside:

- Reports from our District Governor Team
- Charter Dinner Dates
- A very special Lion's Tale!

And a lot, lot more!

Serving a World in Need

Find out more
inside!

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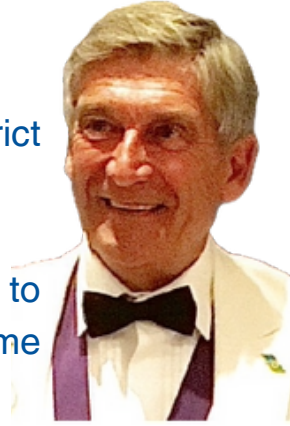


Governor's Message

Hello Fellow Lions, Leos and Partners,

I am writing my article for this newsletter having just returned from our District Convention.

What a great weekend it was and thoroughly enjoyed by all who were able to attend. We were honoured to have an attendance of over 160 with some travelling significant distances from outside the District to spend time with us.



Presentations from our fellow Lions from four different clubs in our District were extremely thought provoking and superbly presented. Each provided us with not only an insight to what had been achieved on their presentation topic but provided sound advice as to how to adopt in other clubs and zones to expand our influence on service, membership and fun.

Our presenters were:

- Auriol Henton (Thorne Rural) and Brian Ross (Doncaster) on Fun & Sports Days for the Disabled
- Kathryn Nelson (Garforth) on New Voices
- Bob Ganton (Teesdale) on ROAR
- Allan Clarke (Keighley) on Membership - a new way

Excellent presentations were also given by :

- Stewart Sherman-Kahn (International Board Appointee and Past Chair of Council)
- David Pope (MD105 Chair of Council)

I hope those members attending will brief their colleges at your next Club Meetings as to the day's content, but if you want more detail, please do contact any of the above speakers and they will be happy to help.

Kevin Hunter

District Governor

kandchunter@btinternet.com



Governor's News

Lions UN Day

As many of you are aware, we hold a **Lions Day with the UN every year in the Palace of Westminster**. We are being allocated eight tickets for our District and if you would like to be included in the draw, please let me know as soon as possible and no later than Wednesday 14th February not as stated in the article letter. Please see the article on page 3 in this newsletter for more details.

District Media Officer

An opportunity has occurred for a member to take up the role of District Media Officer. You will all be aware of how much we have **managed to lift our presence and profile on social media** over the last eighteen months and we are anxious that this continues to ensure we **drive public awareness** of our service activities, membership opportunities and share with each other what we are doing around the District. If you are interested in taking on this important and enjoyable role, please contact me or our Vice Governors, Gillian Swan and John Sellers.

Youth Exchange

We are delighted that as a Multi District, all our offers of places at our **Annual Youth Camp** have been taken up with 20 young people coming to the UK in summer. An important part of the Youth Exchange programme is that we make available places for young people from the UK to visit and stay with similar camps in Europe. If you know of anyone who would be interested in participating, Please contact Chris Whiteley (Thorne Rural) our district Youth exchange Officer for more details.

Diary for February

6th Feb - Martin House Hospice, Boston Spa

7th Feb - 2024 ROAR Launch Zoom Meeting

13th Feb - Yarm Club Meeting

14th Feb - Easingwold Club Meeting

16th - 18th Feb - Young Ambassador Finals, Dudley

25th Feb - District Cabinet Zoom Meeting

28th Feb - Ponteland club Meeting

27 & 28th Jan - MD Council Meeting



Lions Day with the UN



Lions Clubs International

MD105 British Isles



257 Alcester Road South, Kings Heath
Birmingham, B14 6DT
T 0121 441 4544
W www.lionsclubs.co.uk

Date 1st February 2024

Dear District Governor,

The **LIONS DAY with the UN 2024** will take place this year at the Portcullis House in Westminster, in the Boothroyd Committee Room on Tuesday the 12th of March 2024. The sponsor of the event is MP Bim Afolami, Conservative Member of Parliament for Hitchen & Harpenden.

Our international guest will be 3rd International Vice President, Lion Mark Lyon. There will also be some guest speakers from our partners the UNHCR the UN refugee agency.

Please note two important points to consider.

1) Start Time

The event will start at 5 pm prompt and will end at 7 pm, timings reflect the availability of the room. Guests will be advised timings for checking in once tickets have been distributed. Please note security clearance into the Portcullis can take a while so this will need to factor into your travel plans.

2) Ticketing System

Tickets will be produced in a paper form, these will be distributed from our Headquarters with a maximum of 8 tickets being sent to each DG or their nominated representative. All I ask is all nominated guests are listed on our District Application forms by each District Governor.

Please make sure these names need to be submitted by the 12th March 2024 latest. After this date any unallocated tickets should be returned, and these will be added to a ticket ballot to be distributed by the fairest and most inclusive way possible. A link has been included for those who wish to apply to the ticket ballot. Only two tickets maximum will be allocated per entry to the ballot. The selected ballot winners will be informed by Monday 19th March.

DG Allocated tickets. Please complete the online with names and contacts of those who have received the DG ticket allocation. <http://tinyurl.com/LionsDayDistrictForm>.

Entries for the MD Ticket Ballot can be submitted here: <https://tinyurl.com/LionsDayLondon> (Only a maximum of two tickets per entry will be given). Give this link to any additional request for tickets who have not been nominated by the DG. These names will be drawn out in a raffle style ballot.

More details about timings and entry into Portcullis House will be emailed to those who are confirmed as attending, after the ballot announcement date. For any cancellations, please contact me at the soonest opportunity so we can arrange redistribution of the tickets accordingly.

Please contact MD International Officer Neil Martin on 07897520354 or email neilmartin@lionsclubs.co.uk for any queries.

Neil Martin
International Relations
Lions Clubs International MD105 - British Isles

#LionsGetInvolved



Membership

Alan Tait, **Alnwick Lions Club**

Wayne James, **Boroughbridge 98 Lions Club**

Eleanor Glasgow, **Consett Lions Club**

Peter Burke, **Doncaster Lions Club,**

Tracy Cranage and Peter Cranage, **Garforth & District Lions Club**

Margaret Basing, Andi Barker and Rachel Holmes, **Goole & District Lions Club**

Allan Clark, **Huddersfield Lions Club**

Cameron Peel, **Keighley Lions Club**

Irini Vassilakis, **Leeds & Skyrack Lions Club**

Helen Clarkson, **Minster Lions Club of York**

Anne Hopwood, **Thorne Rural Lions Club**

Simon Bullen, **Tynedale Lions Club**

Helen Crowther and Charles Robertson, **Dalbeattie & District Lions Club**



In Memoriam

Those who have moved to Higher Service...

Ray Baird, **Helensburgh Lions Club**

May they live on in our hearts

Deepest thanks to **Lion David Wilson**, District Almoner and **Lion Marilyn Bennett**, District 105N MLCY Co-ordinator for contributing to this list.

A special message from Lion Jeanne Morgan.

"Thank you to all of the clubs and Lions who sent messages of condolences to Lion Jeanne Morgan on the passing of PDG Lion George Morgan. Lion Jeanne found great comfort and strength, from the kind words and many cards received."



Vice Governors' Comments



Fellow Lions,

Santa has left for calmer waters and we are **fully into events for 2024**

We are made of many different characteristics and parts, together make the whole organisation what it is and conversations are our best way of sharing ideas. **Please visit another Lions club to share your successes and learn of theirs.**

Be bold; ask lots of questions, the Lions organisation is huge and no one Lion holds the answer to your issues.

Be brave; throw your ideas out there, one of them will be taken up and it could be another club that it suits better than your own.

Be better; include your friends and communities so that we match activity to local need.

And **don't forget to tell Lion Luke!**

My diary for February starts at Convention and if we've never met please come and say hello. Then, on to more club meetings, charter nights and training sessions.

Good luck with your planning

Lion Gillian Swan

First Vice District Governor



Fellow Lions, Leos and partners,



Since my last report, I had an adventure to Birmingham taking in a very interesting visit to MDHQ, which was busier than I anticipated. We, as 2nd VDGs, had a weekend meet up to commence our team building in preparation for our year as DG's 2025-26.

We all stayed at the same hotel, the Village hotel in Dudley and had two nights socialising as well as our day at HQ. We spent 2 hours with International board appointee Stewart Sherman-Khan who gave us an insight into what to expect in the next 18 months.

The Hotel stay was eventful too. My wife and I were disturbed at 1.30 in the morning by a very amorous couple next door, and again at 6.15 a.m. In between, at 2.45 a.m. the fire alarms went off and the Hotel had to be evacuated for around 20 minutes.

I have no club visits booked at the current time but those clubs I haven't been to yet can expect a call or e mail in the next 2 or 3 weeks. Hoping to see some of you at Convention at Scotch Corner.

Keep up the good work.

Lion John Sellers

Second Vice District Governor



Editor's comments



Dear all,

Since becoming the Editor of our wonderful District's Newsletter, I have been blessed to see the **amazing work** which our clubs do.

There is nothing more pleasurable than seeing how hard our family of Lions **serve their community**. No matter how big or small our projects are, we make such a big difference and should always be **proud of it**.

Beyond this, I am deeply humbled by the kind words which I have received for the new design of our newsletter. I always knew that it would ruffle some feathers but the **overwhelming support** has meant the world.

Additionally, I have also been listening to some of the fair, small points of change to improve the newsletter further. For example, in the last issue, the white on yellow font did not work as it was hard to read. Other Lions asked for the inclusion of Charter Dinners dates; I have made both of these amendments.

In this issue, we have lots of great activities from our Clubs, reports from our Governors and a special report from **Lion Jon Lines**.

I hope you enjoy, see you in March!

Luke Maunsell

District Newsletter Editor

media@keighleylions.org.uk



Special Report

Every year in the UK nearly **50,000 men** are diagnosed with Prostate Cancer (PCa). It is the commonest cancer in men and every year it **kills over 12,000!** That's more men dying of PCa than women from breast cancer, yet we still have no national screening programme and our death rate is one of the worst in Europe.



The PSA Test

The PSA Test is a blood test which can detect the early signs of prostate cancer. PSA is made by the prostate gland, some of it will leak into blood, and the amount depends on age and health of the prostate. Although an abnormal PSA level does not necessarily mean that Prostate Cancer is present it does need investigating and further tests/scan may be required. International specialist urological panels recommend all men should start prostate cancer screening from age 40, especially men at high risk.

Despite this, research is ongoing into more accurate testing for Prostate Cancer by several companies, some of these companies have had their tests adopted by health services in Europe (particularly Scandinavia), these test are currently not available on the NHS (costs vary between £200 and £700 per test).

Lions PSA Testing

In the year ending September 2023, **Lions clubs in the UK tested 10,568** men in the UK with the help of Graham Fulford Charitable Trust (at a cost of over £250,000!!) however MD105N only carried out 280 of these test. In the year ended March 2021, 35% of men diagnosed with Prostate Cancer in Scotland and 20.1% of men diagnosed in Yorkshire and the North East were diagnosed too late to be cured – **the worst statistics in the UK!**

Please consider getting in touch about holding an event in your club – a free guide on how to plan and hold an event can be forwarded to you on request.

Jon Lines

District Prostate Cancer Officer

Jlines18@hotmail.co.uk



Club News

Despite being so busy over Christmas, Lion Clubs across our great District have started the new year with **service emblazed on their hearts!** Let's celebrate their incredible, hard work and never ending commitment to our communities.

Rothwell Lions



Rothwell Lions are delighted that their **President Lion Harry Boynton** has been awarded the **Highly Commended in the Unsung Hero Category in the Leeds Compassionate City Awards 2023.**

In addition to being a President, he also chairs the **Rothwell and District Carnival Committee**, helped start the **Hug in a Mug Community C Café** and is an active member of the **Rothwell Country Park** volunteers and the local **Rothwell in Bloom** group. He is a used spectacles collector (latest delivery of nearly **2000 pairs**) and has a costume for most local events including, rather strikingly **Helga the Oktoberfest Beer Maid** for the Rothwell Beer Festival (held in April). **If things need doing in the community Harry is the one to ask.**

Wetherby Lions

Style and substance was on display as 50 ladies gathered at the Shoulder of Mutton, Kirby Overblow for **Wetherby District Lion's first fashion show.** Dinner was followed by a catwalk display of clothes by Best Kept Secrets and an opportunity to purchase something new from their fabulous Christmas and winter ranges. **It looks like a fun evening and definitely a successful one as it raised £1,150! Congrats!**



Dumfries Lions



Supporting schemes which tackle issues with sight is one of our five main missions. Throughout our District, Clubs do a wonderful job in collecting spectacles and backing initiatives to help check people's eyesight.

One particular member who has done a great job with this is Dumfries Lions Club member **Wendy Tremble.** She has recently won the **Lion of the Year award** from Past President Stuart Armstrong in recognition of her **considerable contribution** to the Club's very successful Spectacles Project. **Well done Wendy!**



Maltby and Rother Valley Lions



Lions in Maltby and Rother Valley have been particularly generous to one of their incredible, local schools.

After having a fantastic Christmas Dinner back in December, they presented a cheque of **£1000 for Redwood's Junior School's new sensory room!**

This donation has made a huge difference to the students at the school, especially those with **SEN who regularly use this most vital of resources.**

Locals in Derwent have been saying, "Thank you very *mulch*" to their local Lions for their **Christmas Tree recycling efforts.**

Equipped with three large vans, a local tree surgeon with a large chipping machine, the team collected over **320 trees** with the shredded remains helping to create a new '**Snow Drop Trail**' at a local, plant nursery.



Not only that but the Club have also raised over **£3500 for the York Hospice, St Leonards!**

Darlington Lions



At its first Club meeting of 2024, Darlington Lions proudly presented **long service chevrons** to five of its Club members.

Lion Fred Thompson (second left) was one of those honoured after racking up of 50 years service. In his long career, he helped set up the **Lions Book Shop** in the town and the "**Goalbuster**" game which still operates today for the members. Fred is also a marvellous Meccano engineer and his working models are often on show at local events.

The other recipients were, Lions **John DeMartino** (1st left; 25 years), **Jeff Kemp** (1st right; 25 years) and Lion President **Robert Hillary** (far right; 15 years). Not pictured was **Lion Richard Western** who has 35 years of service to his name. **Together, they have collectively served for 150 years; just wow!**



Melvin Jones Awards



The **Melvin Jones Award** is the highest accolade in Lionism. It is presented to those with years of dedication or to those who go that extra mile for our Club and for two clubs, some members have met this high threshold of service.

In **Dalbeattie and District Lions**, Marshall Smith and Bob Lennon were given this most prestigious of rewards.



Also, in **Keighley** three members were rewarded for their decades of service. These were, David Ogden, Maureen Verity and Eric Acomb. **Well done to all; so well deserved!**



Denby Dales Lions

Denby Dale District Lions Club had a fantastic start to 2024! To start with they **raised over £9,000** from their Christmas Santa events and sleigh runs, which meant that they could donate to 5 incredible charities such as: Kirkwood Hospice, Barnsley Hospital Charity, Barnsley Hospice, Wakefield Hospice and the Forget Me Not Children's Hospice.



Not only that, no fewer than **4 of their members received long-service awards** from Lion President Drew Atkins. Those awarded were: Mick Prince (35 years); Martyn Siddle (25 years); Tony Haddrell and Sean Statham (10 years). **An amazing 80 years of service between them!**

Morpeth Lions



Morpeth Lions have been celebrating a £2154 financial boost as a result of the **Local Co-op Community Fund initiative**. The Lions will now be able to support the refurbishment and creation of a **sensory garden** at Vision Northumberland's premises in Staithes Lane Morpeth. This will include an extended patio, with planters and seating, together with an outside café several days a week.

This will definitely make the garden a **more pleasurable experience** (well, when the weather is drier that is)!



Thorne Rural Lions



Lions in Thorne Rural have been the honoured guests at a **special presentation at Doncaster Royal Infirmary**. At this special event, they were shown the new **Da Vinci XI surgical robot** which is a revolutionary tool in cancer treatment and surgery.

Not only that but Lions Auriol Henton, Pat Hammond, Ron Lindsey & John Hill were able to have a go using the technology.

Apparently, they do need a bit of practice but did rather well (*it must be all the crazy video game nights at their club*)! They are looking forward to carrying on doing their bit to help the patients at the hospital in the future and cannot wait to **hear about the success of the Da Vinci XI** from April.

Charter Dinner Dates

Rothwell District Lions Club -

Sunday 16th March 2024

King's Croft Hotel, Wakefield Road, Pontefract WF8 4HA



Tickhill and District

Saturday 20th April 2024

Wheatley Golf Club, Doncaster, DN2 5QB

Knaresborough Lions Club

Saturday 17th February 2024

Knaresborough Masonic Hall, York Road, Knaresborough HG5 0AA

Easingwold District Lions Club

Saturday 16th March 2024

Burn Hall Hotel, Tollerton Road, Huby YO61 1JB

Castleford and Pontefract District Lions

Sunday 7th April 2024; 1:00pm

Kings Croft Hotel, Pontefract.

Holderness Lions Club

Sunday 14th April 2024, 12:30 for 13:00

The Masonic Hall, Beverley Road, Hull, HU3 1XL

All dinners start at 7pm for 7:30. unless otherwise stated

