



PRIDE of the NORTH

NEWSLETTER for 105N District

Issue 7 - July 2024

LIONS BACK INSPIRATIONAL YOUTHS



The **National Junior Para Athletics Championship Games** is an annual spectacular which supports those with disabilities to make a real **impression on the global stage** - helping, in no short part - to give a platform for our **next, sporting stars**.

Supporting this great event, as you would expect, are our Lions who, in **partnership with Activity Alliance**, provided their regular financial sponsorship of **£5000**. Added this, **35 Lions and their family** helped over the games' weekend (of the 6th and 7th July) at the **Godiva Harriers Race Track in Coventry**.

Making this all the more special was runner **Vince Bell from the Bradford, Keighley and Skipton Athletics Club** who was awarded the prestigious **Lions Endeavour Trophy**. This is given to the athlete who tries their best despite their ability/disability. **A fantastic showcase of our talented youths - backed to the hilt by our Lion family.**

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Highlight of the month

Our **District's Photo Competition** is back (visit **page 13** for more details). This is a **unique chance** to take beautiful, natural photographs from our gorgeous District.

Have a look at this great example from **Lion Gary Marshall** entitled "**What is that?**"



Connecting members in Yorkshire, the
North East and Scotland

Find out more
inside!

Editor's Page

Dear fellow Lions,

After a very busy few months, I am glad to be getting back to what I love the most - **service**. Whilst politics is a great way to make a difference, nothing could be better than **getting on with this newsletter**.

As you can see, I have **made some changes**. Over the last few weeks, I have been looking at different District newsletter examples and have sought to learn from them. **They certainly have been very inspirational indeed!**

Some of the improvements are simply aesthetic such as the rejigging of the front page whilst others, like the development of the new **Membership page** are more fundamental. I hope this improves this **newsletter's longevity**. Saying that, these **changes are driven by you and your club**. I love learning about our **incredible work as a District**. Please keep sending in your stories which inspire me just as much as all those brilliant newsletter versions from different districts!

With this in mind, **thank you to all the clubs** who have contributed to this edition. We have many highlights this month including:

- The first, official articles from our District Governor Teams
- Lions Portal opportunities for members
- District Competition news
- A special page dedicated to handovers and Special Awards

Don't forget to send your future contribution to this newsletter by the **third Sunday of the month** (18th of August is next).

Keep up the great work and enjoy this edition of The Pride of the North!

Luke Maunsell

District Newsletter Editor

Get in touch!

Have you a story to share or want to find out more about the District and our work? **Get in touch!**



www.lionsdistrict105n.org



media@keighleylions.org.uk



[@LionsDistrict105North](https://www.facebook.com/LionsDistrict105North)



District Governor's Message

Dear fellow Lions,

My first month has been quite a challenge as we become familiar with our new online 'Lion Portal' and this last month many of us have been working out our Portal access with our Leadership Officer Michelle. We also need to acknowledge the support being offered by our District Secretary Alan who will get our District Directory shared to you as soon as possible.



You can access a list of training for this District by using the 'My Association' tab on the Portal and if you haven't got that far then please watch out for emails about training sessions or a Portal access 'fix' from your Zone Chair. Please find out more on **page 6**.

If 'training' and 'online anything' is not your bag then please pen a line to Editor Luke and let us know what you have planned for the summer months remembering his **deadlines of the third Sunday of every month** but **most of all enjoy your service in your community**.

As you can imagine, a lot of information has been coming out of late and a lot more is to come!

This has included/will include:

- New Voices information;
- A summary of our Youth programmes;
- A summary list of LCIF grants;
- Shortly we will be sending out a list of competitions and information seeking nominations for the Regional Training Programmes.

Please ask your **Secretary** - and in some cases, last year's Secretary to keep in the loop!

I hope to meet many of you at the **Fun and Sports Day on 10th August** - please come and say, "Hello!"

Lion Gillian Swan

District Governor



gmswanis@gmail.com

Diary Dates

25th July - visit to Bridlington Lions

26 - 28th - Council of Governors in Redditch

4th August - District Cabinet

5th August - Governance training event with District 105CN

10th August - District Fun and Sports day in Doncaster

12th August - visit to Sunderland Lions

18th August - Training event for Zone Chairs at Scotch Corner

18th August - evening meeting with Council of Governors

20th August - visit to Hornsea Lions



Membership News

New Members

Since the last newsletter, we have have had a few new members join our 105N pride. **Let's welcome them** and wish them all the best in their service to our clubs and communities.

Michael Boldero (returning member), Bradford Central Lions Club

Jane Gay, Pocklington District Lions Club

Miracle Amos Apalowo, Sunderland Lions Club

Marcus Barker, Tickhill & District Lions Club

Liz Frankland, Tickhill & District Lions Club

Charles Griffiths, Tickhill & District Lions Club



Expanding Outwards



Making sure that the membership of our Clubs is **representative of the communities** we serve can be tricky but is vital nonetheless. For example, Ryedale Lions were recently joined by their first female member after 52 years.

The new member is **Lion Chris Carrack** who joined in their May meeting. In the past, women have joined but always after transferring from different Clubs. Therefore, Lion President Andrew Mansfield was delighted to welcome Chris to the team.

Going forward, we hope this is the start of a tidal wave of new members, from all walks of life, in Ryedale

In Memoriam

Unfortunately, some members have moved to **Higher Service** over the last month. Let them, and their service, live on in our hearts and minds.

PDG John Daker, Colne Valley Lions Club

Lindsay Graham, Dumfries Lions Club

Robert Blenkinsop MJF, Tynedale Lions Club

Deepest thanks to **Lion David Wilson**, District Almoner and **Lion Marilyn Bennett**, MLCY Co-ordinator for this contributions to this page. They can be reached on davidwilson51@hotmail.co.uk and lions.geomar@gmail.com.



1st Vice Governor's Message

Fellow Lions, Leos and Partners,

Well, here we are in a new year and my learning begins in preparation for a year serving as your **District Governor from July next year**. There will be **lots of experience is to be gained** this year, starting with the last weekend in July with my first encounter of an **MD Council.**, I look forward to sitting alongside our **brand new DG Gillian** and being as supportive as I can to her.



Added to this, I will be **commencing my Club visits** very shortly. This is very pertinent as all Districts, not just ours, have been **losing members** in the last 12 months. As a result, my focus will be on **encouraging clubs** to both retain the members they have and recruit new faces, supporting **Lions Internationals Mission 1.5**.

I will also be trying to help those clubs struggling by encouraging them to be making more of an effort to **promote themselves by way of social media**. I am very aware that some currently don't have Facebook pages and this is unfortunate. Whether we like it or not, social media is the way forward to **get the word out there**, not only of what we do as Clubs, but to invite new faces along to join us too.

With this in mind, we must remember that there are **many people wanting to volunteer and** we just **have to tap into them the best way we can**. To help you, don't forget that there are **lots of resources about recruitment** in the Portal. If you don't know how or where to look, contact someone at another Club who does, or ask your District Officers for some help.

In the meantime, we are doing **lots of wonderful stuff in our own communities** and let us all continue with that and not disappear into the background to not be noticed.

Keep it up fellow Lions and I will see you soon.

Lion John Sellers

1st Vice District Governor



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2nd Vice Governor's Message

Dear fellow Lions, Leo's and partners,

My name is Lion Allan Clark and, as this is my first official report, I think a **short bio** is in order.

I was born in Whitehaven in 1951, I left to join the RAF in 1966, which led me to discharge and settle in Lincolnshire in the mid seventies. I moved with work to Yorkshire in 1989 and felt it was the county for me, I am fairly laid back and the first thing I adopted was the phrase "**It'll be reight**" (apologies to all Scots) and as I have gotten older the phrase, "Ow Much!" is now used a lot.



I came to join **Keighley Lions in the early 90s** and, following a year as Club President, was offered a job on Cabinet as its **IT Chair**. This work led to me receiving an **MJF**, which was a wonderful as I felt i had achieved something worthwhile. Unfortunately, I left Lions in the late noughties, due to taking a new role working away from Keighley. In 2017, I finally retired and bumped into Lion David Ogden, a long serving Lion who suggested I re-join, which I did.

I finished a year as **Club President last year and Zone N9 Chair**, but when offered the 2ndVDG role, I wondered why they would ask me, and the answer is more about the Club than me. In the last two years, our club has bucked the trend by **increasing our membership by over 100%** and changed our governing style into a **small sub committee model**. This has given us an opportunity for more open and free thinking of ideas by involving new Lions as soon as they joined. As **Club President for a second term** the difference was amazing, so much so I felt a bit guilty as it seemed I didn't do much but the **Club has really benefitted** from the new ways of running.

So we arrive now at the present, where my appointment has given us the opportunity to introduce a new MD role of 'Global Extension Team (GET), I have been appointed as **Global Extension Officer representing MD105N**. I am looking forward to working (and learning) with our Leadership and Membership Officers this current year. I have also started my **2VDG training** and have been asked to **represent our District in Oslo in October at a Leadership, Membership and Extension Workshop**. I will stand for the No 1 District (I am Bias!!!), and hopefully make my voice heard.

Ultimately, I look forward to doing my very best to prove that the faith IPDG Kevin, DG Gill and 1st VDG John have put in me, has been worthwhile.

Lion Allan Clark MJF

Second Vice District Governor  nalla105c@yahoo.co.uk



Lion Portal Training

To my fellow Lions,

If you would like help with the new Lion Portal, there are a number of resources available to offer support:

- **Watch the step by step video guides on YouTube** - (9) Lion Portal - YouTube
- **Email members services** - lionssupport@lionsclubs.org
- **On Facebook** – search for and join Lion Portal Forum
- **Or for local support you can, email** – michelle.mcarthur@jigsawatwork.com or join a **Lion Portal training workshops**.

Online Lion Portal training:

- **Thursday 8th August at 7.30pm** -

https://us02web.zoom.us/meeting/register/tZMkcO2urT8rE9x196c_BnNA-_UQORdfe-f4

- **Wednesday 28th August at 7.30pm** -

<https://us02web.zoom.us/meeting/register/tZYofu6spzMiE9y8T9XPO8MICOBy50vqHI11>

Lion Portal Important Update

The Lion Portal is moving to the next stage for all Lions/Leos to access the Lion Portal. Everyone will now be directed to the Lion Portal Login page. Here is a direct link - <https://lionsinternational.my.site.com/s/login/>

- Those who have already completed their Lion Portal account and have been logging in will continue as usual for signing in with no changes.
- Those who have had a previous MyLion/MyLCI account and have not completed linking the account to the Lion Portal will need to contact the Member Services team at lionssupport@lionsclubs.org
- Those who did not use a previous MyLion/MyLCI account can create a new Lion Portal account by selecting the **"Don't Have An Account?"** link.

If you experience login issues, please contact the Member Services team at lionssupport@lionsclubs.org. If you have a question about the **portal or need guidance for mental health support**, please do not hesitate to contact me: michelle.mcarthur@jigsawatwork.com. I might not always know the answer but I will do my best to find a the answer for you.

Lion Michelle Nicholson

District 105N Wellbeing Officer

Michelle.McArthur@jigsawatwork.com

07801 056284



Handovers and Special Awards

Dumfries Lions

Up in Scotland, former President of the Dumfries Lions Club **John MacColl** (during one of his last duties in office), proudly awarded some **Certificates of Appreciation** to two, outstanding Lions.

The members in questions are **Alasdair Cook**, one of the founders of the Club who and a past President, as well as **past District Governor, Bill Walker**. Both of these incredible Lions have racked up a service record to the Club of over **forty years**. Another long-serving Lion in Dumfries is new **President Belinda Thomson** who, upon taking over from living legend John, will be the third, female President of the Club. **We wish her all the best this year.**



Teesdale District Lions

Teesdale Lions have been celebrating their **40th Charter Anniversary** with some glitz, glamour and special guests. At the gorgeous setting of **Headlam Hall Hotel**, a prosecco reception and a lovely three course meal was held.

Their guest of honour was the ever awesome, IPDG Kevin Hunter who presented charter members President **Paul Beere** and **Jeff Dobson** with **Melvin Jones Fellowship Awards** and Club Secretary **Sue Barron** with the **International President's**

Award for her services to the District Cabinet. Another long-term club member **John Mutum** was unable to receive his **MJF** on the night, due to illness.

Doncaster Lions

South Yorkshire Lions in Doncaster have been celebrating the appointment of their **first female President** in a historic moment for the Club. From 1958 (the Club's founding) to 2017, the Club had been a male only zone. However, once **Lion Gillian Carter** joined, things began to change.

Since becoming a part of their Lion family, the Pride began to reach out back into their community, helping on many projects such as tackling homelessness and linking in with local groups. As a result of her **determined and revolutionary service**, the Club's membership has flourished and the Doncaster Lions were delighted to appoint her to the highest post they could offer. **What a legend!**





Over the last twelve months, Elmet Lions Club have donated over **£14,000 to 33 awesome causes**. These have ranged from **£25 to Fairburn Cricket Club** to a series of **£1200 contributions courtesy of the Great Selby Bike Race**. Beyond this, their work has expanded to projects such as the **Santa Sleighs, the Easter Egg Campaign and their Inter Pub Quiz**.

Driven by a strong, local team - the Club has only gone from strength to strength. Consequently, we would like to wish **President Maggie Hartley and Vice President John Brettell** all the best as they carry on the good work. **Do get in touch on 0780 3022423, if you want to get involved yourself.**

Tynedale Lions

A very special member of Tynedale Lions has been honoured recently for her **amazing, long record of service** to her community and Lions.

Secretary Lion Sue Taylor was so pleasantly surprised to have been awarded **The International President's Leadership Medal** for her work as our **Multi District Officer for Sight**.

However, her Club were not shocked to see such an incredible member being given such well deserved recognition. **They extend their deepest well wishes and congratulations - and so do I!**



Darlington Lions



It's all **change over (pun intended)** in **Darlington** as the Club celebrates their **63rd Charter Anniversary** with a new President and four honours.

As pictured, **Lion Pat De Martino** took over the reigns from Past President Tony Gent handed over the Chains of Office. During her speech, she thanked members for their kindness over the year as well as dedicating it to the **memory of immediate Past President Robert Hilary**, who tragically passed to Higher Service earlier this year.

Whilst this Charter Dinner might have been tinged with a bit of sadness, there also was room for a lot of cheer. **Lions Fred Thompson and Ian Barne**, who have served for over 50 years, received the most prestige **Melvin Jones Fellowship Awards**. Simultaneously, **Ann Gent and Kevin Winworth** both received **Darlington Lions President's Awards**. Ann's award was for leading the Club's and District's Health and Safety initiative and while Kevin's was for his dedication to the smooth running of the Lions Charity Bookshop. **Have a great year all and well done!**



In the Spa Town of Knaresborough, a familiar face returned to the top seat with **Lion Jon Smithells** taking over from outgoing President Bob Godsell. Jon was in charge of the club when the Covid pandemic hit, so is looking forward this time to a full year of activities.

Outgoing President Bob presented several awards as part of his final duty. **President's awards were given to Lions Matt Walker, Alistair Waind and Jon Smithells, with Martin Brock awarded the coveted Lion of the Year trophy** for his work on this year's Great Knaresborough Bed Race.

In the immediate future, the club is gearing up for the Annual Beer Festival in August from 5pm on **Friday 16th to 3pm on Sunday 18th at Knaresborough House**. With **free entry, live music** on each evening and Sunday lunchtime, and over **20 different beers** plus other drinks promised, **if you're in the area, do drop in for a pint.**

Thorne Rural Lions

New club **President Auriol Henton** was welcomed to her exciting role during Thorne Rural's changeover evening by **outgoing President Elaine Prime**.

Whilst the festivities and night likely went off without much stress, there is little rest for either Lion as **Elaine has already taken up the position of Zone Chair for the newly expanded N12**. Meanwhile, both Auriol and Elaine will be kept busy as they spearhead the **hosting of the District Convention** in February 2025! **No rest for the wicked or for these two, lovely and well respected Lions.**



Consett Lions



In the County Durham town of Consett, a **lovely evening of celebration, awards, fundraising and new leadership** has gone ahead.

For starters, outgoing **President Neal Waby** passed on the Chains of Office to new **President Ken Toward** who will wish all the best in his new role.

Meanwhile, **two long standing volunteers** have been awarded **Certificates of Appreciation** for their commitment to Humanitarianism. **Ian and Judith Cook** have been stalwarts of the community for many years and we thank them for their service.

Finally, the Club coffers received a boost after a generous donation of **£400 from their 100 Club fundraising. What a busy night!**

Tales from our Clubs

Bradford Lions

Members of Bradford Central Lions Club have held a **Message in a Bottle presentation** at Asda Bradford Cemetery Road Superstore to promote this great project. The club gave away a lot of 'Message in a Bottle' kits, which are provided by the Lions.

As we know, **these bottle contain essential information for the Emergency Services** which are kept in fridges across the District and a **label is displayed** on the fridge door to make the its existence known to those attending. With this scheme in place, valuable time can be saved which could make all the difference in an emergency. **It's good to see such a vital service being provided by our friends in Bradford.**



Leeds and Skyrack Lions



In neighbouring Leeds, Lions members have been on a special trip to Germany as guests of the **Bad Sooden-Allendorf Lions Club**.

Accompanying them on this special visit to Witzenhausen, were their friends at independent, Harrogate based charity, **Horticap** which supports students with learning difficulties and other disabilities.

On a jam-packed visit, also supported by **Hann-Münden, Eschwege and Melsungen Lions Clubs**, everyone had a chance to engage in once in a lifetime events from riding a yacht to special tours around historic, local sights. **May this 50 year partnership between Leeds and Germany continue for many years to come!**

Keighley Lions

Meanwhile, in Keighley, their Lions have been promoting unity through a joint effort with two local centres and the business development organisation, **Keighley BID**.

This saw the holding of a **community walk/litter pick** from the **Sue Belcher Centre** (in the Bracken Bank estate) to the **Hainworth Wood Centre**.



With **over twenty volunteers** (including some younger helpers), **the number of full litterbags soon grew** as **did the budding friendships** between all those involved. Once completed, some lovely refreshments were provided including **biryani and cream scones**. **A session of service to remember.**



Denby Dale District Lions



Around 30 miles from Keighley the **Denby Dale Pride Lions** have been supporting their local community too. Via the fun theme of Games, their annual **Scarecrow Trail** - which gets more popular every year - has been a huge success.

24 scarecrows were scattered around the village, giving ample opportunity for locals to join the trail. Making this all the more enjoyable was a host of great entertainment from face painting to a **Lion backed BBQ** hosted by the ever generous **White Hart Pub**. Wonderful work worth **crow-ing about!**

Darlington Lions

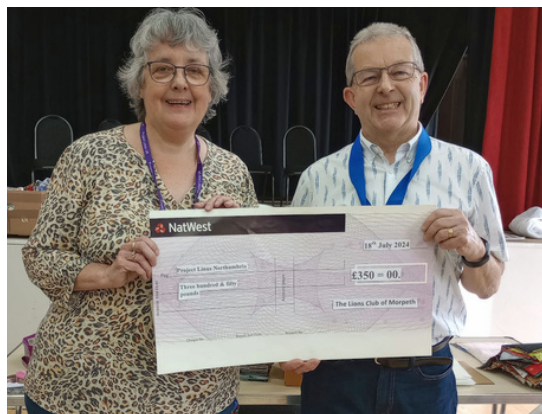
Up in County Durham, a donation of **£1,500 by Darlington Lions** has got the children at **Marchbank Free School** toes-a-tapping and jumping for joy

The funding will secure **much loved dance lessons** at the school, which are provided by the charity **'We Can Dance'**, and will cover the tutors' cost for two hours of dancing each week.



Heart-warmingly, these dance sessions provides education and support to primary aged children with social, emotional and mental health difficulties (SEMH), autism and other learning difficulties. **A donation which will truly make an impact.**

Morpeth Lions



In the beautiful, historic Northumberland town of Morpeth, our local Lions have also been **donating some funds to good causes.**

Starting his year off right as the **Club's new President, Richard Short** presented a **check of £350** to Tricia Kirk - the Co-ordinator of **Project Linus (Northumbria).**

This charitable endeavour is committed to providing warmth and security to children through the creation of **comfort quilts.**

These quilts are handmade by group members for **children in hospital and to comfort siblings who are in distress.** The Project name comes from **Charles Shulz's character Linus**, rarely seen without his comfort blanket. The funding will go some way to helping out the organisation and if you would like more information, you can visit their website at: **<https://projectlinusuk.org.uk/>**.



Ryedale Lions

Cancer is a devastating disease and Ryedale Lions have been making strides to support **Macmillan Cancer Support** via local businessman and charity hero, **Karl Avison of Cedar Barn Farm Shop**. Since his own brush with cancer, **Karl has raised thousands of pounds** for this cause and this year competed again in their **Charity Race Day Ride on the Knavesmire**.

To help, **Ryedale Lions have donated £1,000 to his fundraising efforts**. A great contribution to a great man by a great club! If anyone wants to find out more, please get in touch with the Club via their website - **www.ryedalelions.org**.



Holme Valley Lions



Holme Valley Lions (in Kirklees, West Yorkshire), a raffle has raised an incredible **£3000 for The Forget Me Not Children's Hospice**.

Making all this possible was a very generous donation of **31 prizes** given by local businesses as well as support from their local **Morrisons; Coop and Hinchliffe's Farm Shop** and, of course, their **hardworking members**. It's an absolutely **fantastic achievement** for a charity which aids children, and their families, with life threatening conditions. **Great work by our Lions**.

Boroughbridge Lions

The hardworking efforts of the Boroughbridge Lions have experienced a wonderful 'fete' after they were able to **resurrect a summer festival** in their area. The North Yorkshire town had been bereaved of such an event for many years but thanks to their Lions and their partners - **it is looking hopeful that this may all change going forward**.

This newly reinstated fete was held on the cricket pitch of the Boroughbridge Sports Association and was a **resounding success** which exceeded all expectations by raising **several hundred pounds** for local causes.



The **Summer Spectacular was certainly busy with 35 exhibitors** such as local schools, Guides, Scouts, the Historical Society, live entertainment from a Rock Choir, a DJ, a Jazz Band, Birds of Prey and many traditional games such as 'Splat the Rat'. Add to this, the local traders, artisans and producers who provided refreshments like a BBQ, fish and chips pizzas, gin and prosecco bars - **it is no surprise that hundreds had a thoroughly merry time!**





Being **proud of our heritage, history and places** we live in, is such a fundamentally important aspect of service and, in Wetherby (West Yorkshire), this is being done in a very creative way.

Flat cap throwing is a Northern tradition, especially in **God's own County of Yorkshire** and is increasingly becoming a staple of some Club's event planning and even can yield awards (as Laura is demonstrating in the picture). Now, Wetherby wants to raise the profile of this **reyt, fun game** as much as possible. If your Club can join in, maybe put on your own event - you never know, its appeal may grow exponentially. **Today, Wetherby - tomorrow, maybe the Olympics!**

Maltby and Rother Valley Lions

From flat cap throwing to a different set of games, it is clear that our Clubs are ever so **inventive and talented**.

For example, in South Yorkshire at their recent '**Trav Fest**', Maltby and Rother Valley Lions put some of their **members in the stock** for an experience they will never forget (but will want to). The unlucky members were **Lion Treasurer Andrew Reaney and Lion Ralph Buckingham** who took one (or several) in the face for the team! This is something I would like to **see more of...** I could certainly think of some who could **warrant a trip in the stocks...**



District Competitions

Scores on the Door

Travelling Lion:

Thorne Rural - 44
Garforth Lions - 20



Host Club:

Thorne Rural - 18

Photo Competition

Get your camera out and begin to take photos for our Photo Competition.

The photo must have been taken in the District and be either of: **plants, weather phenomena(s), an animal(s), an aspect of nature or of a landscape.**

The photo should be **10" x 8"** and of **good quality**. The **deadline is New Year's Eve 2024.**

Want to get involved in our District Competitions? Please, get in touch with Lion Roy on: rjafield58@gmail.com

